Solidarity in Action

Commitment Wall

I want to practice self compassion and humility that recognizes the inherent value and worth of those around me

When it comes to networks and collaborations--think big!!

I am excited to reach out to some of the people I met today. I think we have a good grounds for ongoing connection

I hope we break the minnesota norms a bit and i want folks to know they can reach out to me :)

Keep listening to with an open heart

I will practice consistent dialogue with new colleagues from outside my organization

embodiment breaks to start meetings, take a pause before launching into the agenda

Keep in touch with the ones that I've connected through my heart

Deepen my understanding/learning around storytelling. "Embodied stories" "Telling imperfect stories"

Sharing the stories and experiences that I've witnessed to find common ground and increase our perspectives about the world

Also think small with networks and collaboration - doing our best to work collaboratively within our own agencies.

Get involved with SURJ Surj Northland is a "collective of white people in Northern MN/WI that envisions a world without institutional racism, white privilege and systemic violence against communities of color." SURJ = Showing Up for Racial Justice.

I am going to try the digital sunset/sunrise for a few days

I want to offer ways to have the people we serve share their stories with their representatives when policy is on the table that will impact their benefits.

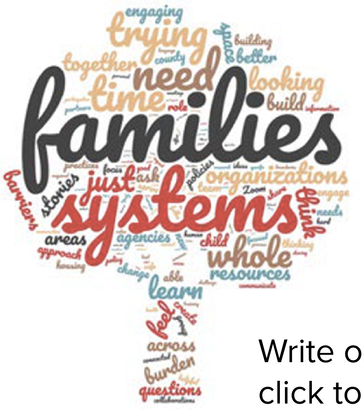
name what is happening: white supremacy is baked into our structures. If we can't name it, and keep seeing it, the healing isn't going to go deep and begin in realness.

Committing to invite Serita to our staff meeting

Honor histories of our various communities

Honor existing and develop new relationships

ntice my own white fragility and be courageous



Write on existing post-its or double click to get a new one