

SUPPORTING MATERNAL HEALTH: *The* EXPERIENCE of the MINNESOTA PRISON DOULA PROJECT



KEY TAKEAWAYS

- Have many perspectives involved in program design efforts—hear what matters!
- Family home visiting needs to be made available to every expecting mom in a prison/jail time
- Wow...how to break down silos? Fix targeted systems? Use research and ROI to bring people along?
- Women are allowed only 48 hours with their baby when they give birth in prison
- Looking through the lens of a Doula and Parent on how the experience has helped families
- Much need prison reform must use a systems approach to working with clients and families