

IMPROVING ACCESS *to* CARE *for* YOUNG CHILDREN : BUILDING PROVIDERS' MENTAL HEALTH KNOWLEDGE *and* SKILLS

KEY TAKEAWAYS



- Need access to Mental Health screenings and services easy and simple for families
- How can you sustain programs like this within and across organizations
- The kinds of conversational relationship-based care that is needed is hard to fit in the current system, primarily b/c of medical billing
- “Normalize” early childhood mental health services by integrating mental health screenings and referrals into well child care, libraries, communities, etc.
- Meeting people where they are is most effective at improving access to mental health care
- To change the system we have to change the funding
- Multiple messengers and messages to reach families
- Children with negative screens can still have concerns that can/should be addressed
- Creating tolls & training to empower more PCP to assess early childhood mental health to make the visit more integrated & essentially a “one-stop shop” for patient/family centered care!
- Screening tools allow for identification of possible needs for families or a child integration of services are needed to make the process easier for follow up
- Caregivers who report no concerns on the ASQ-SE still may share that they have a concern—and those also need to be addressed
- Early Childhood is a time for opportunity—integrated care builds opportunities
- We need to more effectively support child & parent mental health intervention together, as their outcomes are so entwined