

The HUMAN DYNAMICS of HELPING

KEY TAKEAWAYS



- Implicit or under-articulated approaches result in negative health outcomes
- Research the importance of role clarification. This would help staff structure their client interactions
- Decrease threats, increase choice authenticity and equity
- Help is received best when it promotes belonging and reduces threat
- Thinking about how state oversight can impact front-line workers' approaches to helping
- How does this research apply to involuntary participation/services
- How can we be not overwhelmed by how hard it seems to change systems to actually be people centered
- I am curious to hear more about successful helping vs unsuccessful helping?
 - Components
 - Strategies
 - Best practices
- Observation: Carefully walks the balance between asking and telling and focus on perceptions as well as intention
- How do you integrate what participants need/want with the skills/knowledge of the "helping" professional? They may not always be in line.
- If there is a helper, is there someone helpless?
- Sense of control and efficacy:
 - Participants
 - Frontline workers
 - Administrators
 - Is heavily informed by originating policy.